

How and When To Tell Your Kids About Sex

A Lifelong Approach To Shaping Your Child's Sexual Character

Session One - Foundations

Primary Goal of Christian Parenting

to _____ and _____ our children to enter adulthood capable of living godly, wholesome, and fulfilled lives as Christian men and women, Christian wives and husbands.

Sex Education Goal for Christian Parents

to prepare them to become the kinds of adults who can have deep and meaningful marriages filled with _____, _____, and _____ intimacy, and who can have loving and deep family relationships and friendships.

How Do we achieve our goal?

Deuteronomy 6:1-9 (NLT)

¹ "These are the commands, decrees, and regulations that the Lord your God commanded me to teach you. You must obey them in the land you are about to enter and occupy, ² and you and your children and grandchildren must fear the Lord your God as long as you live. If you obey all his decrees and commands, you will enjoy a long life. ³ Listen closely, Israel, and be careful to obey. Then all will go well with you, and you will have many children in the land flowing with milk and honey, just as the Lord, the God of your ancestors, promised you. ⁴ "Listen, O Israel! The Lord is our God, the Lord alone. ⁵ And you must love the Lord your God with all your heart, all your soul, and all your strength. ⁶ And you must commit yourselves wholeheartedly to these commands that I am giving you today. ⁷ Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. ⁸ Tie them to your hands and wear them on your forehead as reminders. ⁹ Write them on the doorposts of your house and on your gates.

The Benefits of Following God

Prosper in Marriage
Prosper in Pleasing God
Prosper in Obedience
Prosper in Pleasing God
Prosper in Obedience
Prosper in Marriage

Twelve Guiding Principles for Christian Sex Education

Principle 1: Sex education is the _____ of character.

Principle 2: Parents are the _____ sex educators.

Principle 3: First messages are the most _____.

Principle 4: We should seize those “ _____ ” and become “askable” parents.

Principle 5: Stories are powerful _____ tools.

Principle 6: _____ and _____ messages are best.

Principle 7: _____ messages are powerful.

Principle 8: You can and must “ _____ ” your children against negative beliefs.

Principle 9: _____ is critical; repetition is really, really important.

Principle 10: Close, positive _____ relationships are crucial.

Principle 11: Sexuality is not everything; keep your _____.

Principle 12: Our God can _____, _____, and _____ anything.

The Challenge: Facing The Realities

- ❖ Sexual Intercourse
- ❖ Oral sex
 - An additional 10-14% of young men engage in oral sex
 - An additional 8-15% of young women engage in oral sex
 - Big question among teens –
 - “Is oral sex really sex?”
- ❖ Anal sex
 - 11% of 15-19 year old girls and guys
 - 32% of 20-24 year old males
 - 30% of 20-24 year old females
- ❖ Same Sex Activity
 - 4.5% of 15-19 males have had a same-sex experience in their lifetime
 - 10.6% of 15-19 females have had a same-sex experience in their lifetime
- ❖ Teen Pregnancy
 - Over one million teen pregnancies a year
 - 1 in 5 girls who has sex gets pregnant
 - 250,000 teen pregnancies result in abortion
- ❖ Sexually Transmitted Diseases
 - 9.5 million new cases annually among 15-24 year olds
 - Three most common STD’s
 - HPV (human papillomavirus)
 - Chlamydia
 - Trichomoniasis

What If I Get Started Late?

- ❖ Start Now!
- ❖ Assess Your Relationship Honestly
- ❖ Assess Your Child’s Faith
- ❖ Pray For Your Children